



A Project of Aging Strong

**Held In-Person at Several  
Locations in the Treasure Valley and  
Now On-line!**

## Have You Heard About Our Memory Café?

A place where family caregivers and their loved one with memory loss can get together in a safe, supportive, and engaging environment.

**OFFERED AT NO COST!**

## The Memory Café Encourages Friendship and Acceptance!

The Memory Café is a time to enjoy activities with your loved one with memory loss and break from the normal routine. It is a time to socialize, learn from monthly topics, and build resources for changing needs.

The Café offers a time for support, shared stories, laughter, and most of all, knowing that **you are not alone!**

### AUGUST EVENTS:

#### **NEW** Memory Café On-Line

- ♦ **August 12th** Monday **10:30-12:00** Email or call for Zoom link

#### Bown Crossing Library

- ♦ **August 15th** Thursday **1:00-2:30**

#### Ada Community Library Victory Branch

- ♦ **August 21st** Wednesday **1:00 - 2:30**

#### Orchard Park Meridian Library

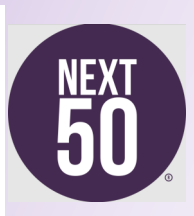
- ♦ **August 22nd** Thursday **1:00-2:30**

#### Nampa Public Library

- ♦ **August 23rd** Friday **1:00-2:30**



“Memory loss can be such an isolating condition — for both of us. Going out and just being ourselves is so welcoming.”



For information or to **RSVP**  
Contact: Karen Kouba-Mclver  
Email: [kkouba@jannus.org](mailto:kkouba@jannus.org)  
Phone: 208-947-4283

In Partnership with:



**Website:**

**[www.AgingStrong.org](http://www.AgingStrong.org)**